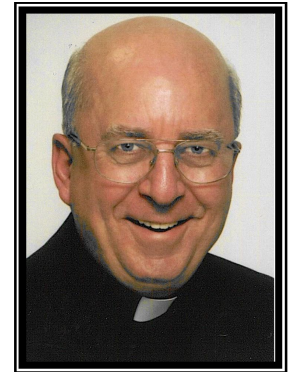


**FAITH FORMATION PROGRAMS**—It is the Year of the Priest, so the programs will be area priests speaking about their personal priesthood—their background, interests, calling, etc.

The next program is this Tuesday, February 9, 2010 at Sacred Heart Church in Hackensack. Adoration will be at 4 p.m. followed by a potluck dinner and Fr. Dwayne Pribula from Our Lady of the Pines parish will speak about his vocation to the priesthood.

If you would like a ride to this event please call: John & MJ Warren at 547-2865 or Clarence & Joan Rueter at 682-2324.



**Father Duane Pribula**

**Future Programs:**      March      Living Stations of the Cross  
                                  April      Priest Speaking at Saint Agnes

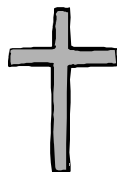
**2009 CONTRIBUTION STATEMENTS**—The statements were sent in the mail last week. Feel free to contact Pete at the parish office (547-1054) or his (cell: 218-209-1224) if there are any discrepancies. He can review and print a new statement if needed.

**LITTLE BLACK BOOKS**—for Lent are available for those who will truly use them for six minutes each day. There are only 100 copies available for the two parishes. Take a look at them, but only take one with you if you are willing to use it faithfully.

**ASH WEDNESDAY—FEBRUARY 17<sup>th</sup>**—is the beginning of Lent. Ashes will be distributed at noon Mass in Hackensack and at the 5:30 p.m. Mass in Walker. During the day the children who attend release-time will receive ashes.

### Lenten Regulations

The Church asks Catholics to observe the following acts of fast and abstinence during Lent. Abstinence (not eating meat) obliges Catholics who are 14 years of age and older. Fasting (one full meal and two smaller ones with nothing in-between) obliges Catholics between 18 and 60 years of age. Ash Wednesday and Good Friday are days of FAST and ABSTINENCE. The Fridays of Lent are days of ABSTINENCE. Only grave inconvenience and sickness excuse from the laws of fast and abstinence.



### *Hackensack Wednesday Lenten Services*

**THE SIGN OF JONAH**—Jonah...for Lent? Sounds fishy, but it's a natural fit. When the Jews asked Jesus for a sign he said, "I will give you only the sign of Jonah," After three days in the belly of the earth, Jesus rose with news of God's prodigal grace. This series of special ecumenical services for Lent explores the meaning of "The Sign of Jonah" as we follow Jonah on his journey...and Jesus on his way to the cross. All are encouraged to participate as we experience Lent and move toward Easter. The services will begin at 6:00 p.m. and will be followed by Soup 'n Sandwich at approximately 6:45 p.m. hosted by the local church.

February 24<sup>th</sup>, Union Congregational  
**"Saved in the Storm"—Jonah 1:4-16**  
 Preaching - Pastor Thea Monson

March 3<sup>rd</sup>, Sacred Heart Catholic  
**"Our Providing God"—Jonah 1:17**  
 Preaching - Pastor Michael Small

March 10<sup>th</sup>, St. Paul's Lutheran  
**"Praying in the belly of the great big fish"**  
**Jonah 2:1-10**  
 Preaching - Pastor Michael Small

March 17<sup>th</sup>, Union Congregational  
**"The God of second chance"—Jonah 3: 1-4**  
 Preaching - Father Bruce Engen

March 24<sup>th</sup>, Sacred Heart Catholic  
**"About face"—Jonah 3:5-10**  
 Preaching - Pastor Thea Monson

***This Week's Schedule of Events***

<b>Saturday</b>	<b>SAINT PAUL MIKI &amp; COMPANIONS</b>	<b>2/6</b>
Hackensack	4:00 p.m. <b>Mass—Intention for Ralph E. Hackman</b>	
Walker	5:30 p.m. <b>Mass—Intention for Gary Kemp Family</b>	
<b>Sunday</b>	<b>FIFTH SUNDAY IN ORDINARY TIME</b>	<b>2/7</b>
Hackensack	8:30 a.m. <b>Mass—Intention for Derek Henning</b>	
Walker	10:00 a.m. <b>Mass—Intention for Pat Moore</b>	
Walker	11:00 a.m. <b>Coffee in Social Hall—All are welcome!</b>	
Walker	7:00 p.m. <b>Confirmation Class</b>	
<b>Monday</b>	<b>WEEKDAY IN ORDINARY TIME</b>	<b>2/8</b>
Hackensack	2:00 p.m. <b>Sacred Heart Rosary Prayer Group</b>	
Walker	5:30 p.m. <b>Pastoral Council Meeting</b>	
<b>Tuesday</b>	<b>WEEKDAY IN ORDINARY TIME</b>	<b>2/9</b>
Hackensack	4:00 p.m. <b>Eucharistic Adoration</b>	
Hackensack	5:00 p.m. <b>Potluck Dinner</b>	
Hackensack	6:00 p.m. <b>Faith Formation Presentation by Father Dwayne Pribula</b>	
<b>Wednesday</b>	<b>SAINT SCHOLASTICA</b>	<b>2/10</b>
Hackensack	10:00 a.m. <b>Craft Wednesday</b>	
Walker	3:30 p.m. <b>Diving Deeper</b>	
<b>Thursday</b>	<b>WEEKDAY IN ORDINARY TIME</b>	<b>2/11</b>
Walker	7:30 a.m. <b>Men's Cursillo Meeting</b>	
<b>Friday</b>	<b>WEEKDAY IN ORDINARY TIME</b>	<b>2/12</b>
<b>Saturday</b>	<b>WEEKDAY IN ORDINARY TIME</b>	<b>2/13</b>
Walker	2:00 p.m. <b>Sacrament of Penance</b>	
Hackensack	3:30 p.m. <b>Sacrament of Penance</b>	
Hackensack	4:00 p.m. <b>Mass—Intention for Frank Terdan</b>	
Walker	5:30 p.m. <b>Mass—Intention for Martha Arndt</b>	
<b>Sunday</b>	<b>SIXTH SUNDAY IN ORDINARY TIME</b>	<b>2/14</b>
Hackensack	8:30 a.m. <b>Mass—Intention for Jane Riegert</b>	
Walker	10:00 a.m. <b>Mass—Intention for Becky Sales</b>	
Walker	11:00 a.m. <b>Coffee in Social Hall—All are welcome!</b>	

**Weekday Masses** can be attended at St. Edward's in Longville on Monday, Tuesday, Wednesday, and Friday at 8:30 a.m. or St. Paul's Church in Remer on Thursday night at 6:15 p.m. For more information call the St. Edward & St. Paul's parish office at 218-363-2799.

**Monday, February 15<sup>th</sup> the Lamb of God Prayer Group and Bible Study will meet at St. Agnes to review "Mary's Way of the Cross".** They will be presenting Stations of the Cross Wednesday, February 24<sup>th</sup> at St. Agnes at 5:30 p.m.. Please direct any questions to Rosemary at 547-1509.

***Upcoming Events***

**Key: S.A. = St. Agnes & S.H. = Sacred Heart**

**February**

- 10 55+ Driver Improvement 4 Hr. Refresher Course—Noon to 4 p.m.—at S.H.
- 11 55+ Driver Improvement 8 Hr. Full Course—9 a.m. to 5:30 p.m.—at S.H.
- 15 Angels of St. Agnes at 9:30 a.m.
- 15 Rosary Prayer Group at 2 p.m. at S.H.
- 15 Lamb of God Prayer Group & Bible Study meet at 6:30 p.m. at S.A.
- 17 Ash Wednesday Mass at noon at S.H.
- 17 Ash Wednesday Mass at 5:30 p.m.

**Please keep in your prayers....**

- ✚ Please pray for Patsy Jones as she is in the cities recovering from shoulder surgery.
- ✚ Kathy Ihrke, who is in hospice at home and thankfully receiving good care.
- ✚ Kathy Green, who is in St. Benedict's Center in St. Cloud to recover from a recent medical condition. For information on calling, visiting, or writing her please see the bulletin board in the St. Agnes Narthex.

**Please help us to know who needs prayer—**

To include someone in our bulletin prayer list please call the parish office by phone 547-1054 or e-mail (stagnes@arvig.net) with enough basic information to know what to pray for. It can be anything from an anniversary to a health problem. Please confirm with the person if their name can be published in the bulletin.

**SACRED HEART INFORMATION—**If you are homebound and would like Holy Communion brought to you; please contact Joanne Johnson. at 675-6876 or Joan Rueter at 682-2324.



**Last Week's Collections**

**January 30<sup>th</sup> & 31<sup>st</sup>**



**Walker      Hackensack**

**Plate:**..... \$721 .....\$471

**Envelope:**..... \$1,423 .....\$1,255

**Latin America**

**Totals:**..... \$135 .....369

**St. Agnes Building**

**Balance Remaining:** \$291,369.92

**YOUTH ANNOUNCEMENTS FOR**

**DIVING DEEPER**

February 10<sup>th</sup> 3:30-5:00 p.m. Pre-school-3<sup>rd</sup> grade

**TOBIT: FEBRUARY 13-15, 2010**

Permission forms and information about TOBIT is on the Youth bulletin board. Please take a look at this information. TOBIT is a Theology of the Body Immersion for Teens. This weekend includes winter fun activities such as broomball, snow tubing, a bonfire, Mass, Adoration, small group discussion, great music, and practical introduction to the Theology of the Body designed and presented to speak to the lives of teens today. Check it out...it is going to be a wonderful weekend! "May I honor you all the days of my life" Tobit 10:14

**YOUTH MINISTRY NIGHT**

Wednesday, February 17<sup>th</sup>—All Grades 7-12 Welcome  
We will be attending the Ash Wednesday Service. After the service we will have a short discussion on the meaning of Lent, our Service Project, and Stations of the Cross. See you there! For questions contact Anna.

**ATTENTION YOUTH OF ALL AGES!**

The youth are in charge of running **Stations of the Cross** on Wednesday March 3<sup>rd</sup> at 5:30 p.m. We need youth volunteers to help read the stations, perform the stations, and serve the meal. We will be addressing this in all our youth classes and activities. Parents please mark your calendars now! Also, we need **five** parent volunteers to each make one Crockpot full of soup for the dinner after Stations. Please contact Jennifer or Anna if you are interested.

**ALTAR SERVERS NEEDED**



Thank you for the quick responses to fill our calendar for December. If your child is interested in being an altar server in February, please put their name next to the appropriate date on the sign up sheet located on the youth bulletin board. For questions, please contact Jennifer.

**CONFIRMATION MASS**—will be on Saturday, March 20, 2010 at 4 p.m. at Sacred Heart in Hackensack.

(Continued next column...)

For questions, ideas, or comments on activities for our youth, contact Anna Frost or Jennifer Arnold at the parish office 218-547-1054, or e-mail us at:

[anna@walkercatholic.org](mailto:anna@walkercatholic.org) or

[jennifer@walkercatholic.org](mailto:jennifer@walkercatholic.org)

**St. Agnes Music Ministry—Volunteers Needed**

Contact the parish office A.S.A.P. if you may be able to help with the music ministry program. For example: learn to run the Clavinova; be a song leader; and/or play a musical instrument such as a guitar or piano.

**Making your wishes known with Health Care Directives.**

A free community education program on Thursday, February 11, 2010 at 2:30 p.m. at Hope Lutheran Church in Walker (305 10 Street S.). Facilitated by Pastor Randy Hachfeld, Spiritual Services Chaplain at St. Joseph's Area Health Services, Park Rapids.

If you reach a point in your life when you are unable to speak for yourself, or communicate to medical staff, what would you want done? Do you want life support and everything medically possible, or would you want a "Do Not Resuscitate"? Come to this presentation for questions and discussion. For more information contact Pastor Phil Larson at 547-1850.

**SENIOR DRIVER IMPROVEMENT PROGRAMS AT SACRED HEART IN HACKENSACK**

**February 10<sup>th</sup>**

4 Hr Refresher Course Noon to 4 p.m.

**February 11<sup>th</sup>**

8 Hr Full Course 9 a.m. to 5:30 p.m.

**March 3<sup>rd</sup>** 4 Hr Refresher Course Noon to 4 p.m.

These Driver Improvement courses are open to the public; and pre-registration is required. Driver safety, confidence, and comfort are taught by a MN Highway Safety & Research Center "certified" instructor.

The 4 hour. Refresher course is \$20 and the 8 hour full course is \$24. Persons age 55 and older who complete the course qualify for a ten percent discount on their auto insurance premiums for three years. Repeat persons are required to take a four hour refresher course. For more information or to register call TOLL FREE 1-(888)-234-1294.

**Pat Doughty will be scheduling St. Agnes liturgical roles for March 2010 through June 2010.** Please get all scheduling conflicts to her by February 8<sup>th</sup> either by phone: 547-1771 or email: [pdoughty@arvig.net](mailto:pdoughty@arvig.net).

**2010 CONTRIBUTION ENVELOPES**—are available in the church narthex for you to pick up if you haven't done so. If you do not see a box with your name on it and would like us to prepare one for you, please call the office at 547-1054.

**SINGLE, CATHOLIC WOMEN, AGES 18-45:** Those who are seeking help in discerning God's will for their lives and would like to learn more about a possible call to religious life, are invited to a free Discernment Retreat weekend from Friday evening February 12, 2010 until 1 p.m. Sunday, February 14, 2010 at the St. Scholastica Monastery in Duluth.

This weekend will include sessions on prayer, guidelines for discerning a religious vocation, the various opportunities available, plus the opportunity to interact with professed sisters and women in formation.

There is no charge for the weekend, but registration is required by February 10, 2010. To register or for more info. contact Sr. Mary Catherine at 218-723-6646 or at [mshambour@duluthosb.org](mailto:mshambour@duluthosb.org).

**ATTENTION ALL CRAFTERS!!!**

Craft Days are held Wednesdays at Sacred Heart from 10 a.m. to 1 p.m. They go through the winter, unless noted in the bulletin.

Bring needles, yarn, materials, etc. and enjoy making projects for missions, hospitals, nursing homes, veterans, etc. Bring munchies and/or a bag lunch; coffee will be available.

**RESIDENTS AT GOLDEN LIVING CENTER IN WALKER APPRECIATE VISITS**—A one to two hour commitment per month would include bringing the Eucharist. Call the parish office at 547-1054 if you desire to help with this ministry.

**EUCCHARISTIC ADORATION AT ST. AGNES**—Adorers are needed for Tuesdays from 10-11 a.m. and 4-5 p.m. for February until the snowbirds come back. And for 9 to 10 p.m. February 23, March 2, 9, and 16. We really need your help during the Winter months, and you'll enjoy that special hour in the company of the Blessed Sacrament.

To sign up, call Beth Bohannon at 547-0481 or c: 218-330-4684. In case of inclement weather, the Adoration Chapel will close if the schools close.

**A First Aid Refresher Class will be held March 8<sup>th</sup>, at the Senior Center in Hackensack, from 10:00 a.m. to 2:30 p.m.** It is a refresher course on what to do in an emergency after you have dialed 911 and are waiting for help to arrive. The course is free, along with coffee, snacks and lunch, compliments of the Hackensack Lions.

Call Terry Bergstrom at 675-6105, Berna Miller at 675-6137 or Mike Bohannon at 675-5173, to pre-register for a great class. Space is limited so call early!

**Living Well Workshop  
Wednesdays 1-3:30 pm. March 31-May 5, 2010  
Walker Area Community Center**

FREE workshop that includes a manual and relaxation tape or CD. Open to all persons; you don't need to be a Merit Care patient. You must attend all sessions to get maximum benefits. Pre-registration is required to attend. Call : 1-877-234-4240.



**DESIRE A ROMANTIC GETAWAY?** Tired of cards from Hallmark? Do you want to give your Valentine something that will be remembered for a lifetime? Marriage Encounter weekends are a great romantic getaway. They are scheduled for March 19-21 and May 14-15.

To see the nearest location to you and to receive a registration brochure, call Alan & Missy Block at 320-259-4444 / 888-455-3496 or visit [www.wwmesection8.org](http://www.wwmesection8.org).