



St. Agnes & Sacred Heart Catholic Parishes

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Parish Office

PO Box 874, Walker, MN, 56484
Open Monday-Thursday
8:30 am to 12:00 noon
(218) 547-1054
stagnes@arvig.net

We welcome newcomers!
**Please contact our Parish
Office to register.**

www.StAgnesCatholic.com



St. Agnes

210 Division Street, Walker



Sacred Heart

300 First Street North, Hackensack

Most Holy Sacrifice of the Mass

Saturday (2/4) at 4:00 pm at **St. Agnes** +Hazel Cleghorn
Sunday (2/5) at 8:30 am at **Sacred Heart** +Ed & Mary Portner
Sunday (2/5) at 10:30 am at **St. Agnes** +All Parishioners

NO DAILY MASSES THIS WEEK

See Mass times for other area Catholic Churches on the next page

Saturday (2/11) at 4:00 pm at **Sacred Heart** +Roman & Lillian Meuwissen
Sunday (2/12) at 8:30 am at **Sacred Heart** +All Parishioners
Sunday (2/12) at 10:30 am at **St. Agnes** +Margaret Gilbertson

Sacrament of Reconciliation

While Fr. Francis is gone, our visiting priests will hear confessions
1/2 hour before ALL Saturday Masses. No 11am Confession on 2/11

**For the Sacrament of Baptism or Sacrament of Marriage,
contact the Parish Office as soon as possible.**

OUR MISSION STATEMENT: We, the parishioners of St. Agnes and Sacred Heart, are inspired by the Word of God, empowered by the Holy Spirit and nourished by the Eucharist. We strive to use our time, talents and resources to become a real presence of Christ. Our mission is to reach people for God, to welcome them into His Holy Church and to lovingly strengthen and support them as we journey toward our eternal home.

5TH SUNDAY IN ORDINARY TIME

FEBRUARY 5TH, 2012

PLEASE PRAY...

- ✠ That Church leaders, especially Bishop Sirba and our priests, may bear witness to God's gift and plan for marriage, and assist couples to live that vocation faithfully
- ✠ That all who despair because of a past abortion may open their hearts to the merciful forgiveness of the Lord
- ✠ That the sick throughout the world may have the strength and wisdom to unite their sufferings to those of Christ, and obtain his peace and healing
- ✠ That the members of our parish community who have died, especially Larry Bialke whose funeral will be at Sacred Heart next Saturday, may be welcomed into God's kingdom



Welcome, Fr. Arms!

We thank Fr. Arms for celebrating Mass with us this weekend. Next weekend, Fr. Anthony Craig will be visiting St. Agnes & Sacred Heart.

A NOTE FROM THE PARISH OFFICE

Please join us in praying for Fr. Francis and the Moto Hope Mission as he travels home! While Fr. Francis is out, do not hesitate to contact the Parish Office at 547-1054 if there is anything you need; Pete, Lori, and Joanne will be in the office during normal business hours.

DAILY MASS TIMES FOR CATHOLIC CHURCHES

Our Lady of the Pines, **Nevis:**
Wed-Fri @ 8:30am

St. Charles, **Cass Lake:**
Tues-Fri @ 11am

Our Lady of Lourdes, **Pine River:**
Wed @ 8:30am

St. Peter, **Park Rapids:**
Mon @ 5:30pm, Wed-Thurs at 8:30am

St. Philip, **Bemidji:**
Mon, Wed-Fri @ 8:30am, Tues @ 12:10pm

PARISH ANNOUNCEMENTS

SEE OUR PARISH CALENDAR FOR FEBRUARY 2012 FOR ALL UPCOMING EVENTS. DEADLINE FOR MARCH CALENDAR IS WEDNESDAY, 2/22.

WEEKLY BULLETIN DEADLINE IS WEDNESDAYS AT NOON.



Do you know someone who is sick? Preparing for surgery? Facing a major life decision? Celebrating a birthday or anniversary? There are so many good reasons to offer prayers on another person's behalf! Let us pray with and for you! If you have an intention for our prayer chains:

For St. Agnes: Call Betty at 547-1347 or (alternate) Zola at 547-2239.
For Sacred Heart: Call Joan at 682-2324 or Lucille at 675-6102.

ST. AGNES SUNDAY FELLOWSHIP

All parishioners and visitors are invited to join us in the Social Hall after Sunday Mass for coffee and rolls. Thanks to Jim and Krista Schneider for serving this weekend!



Ken and Harriett Nerad are on the schedule for next weekend.

ANGELS OF ST. AGNES

A meeting of the Angels of St. Agnes will take place Monday, February 13th, at 9:30am in the Social Hall.

BOARD OF EDUCATION

The Board of Education will be meeting on Tuesday, February 14th at 4:00pm in the Narthex Meeting Room at St. Agnes. Please RSVP to Mary Nordin or Lori Westland.

KNIGHTS OF COLUMBUS



The St. Agnes & Sacred Heart Council of KC's will meet on Thursday, February 16th at Sacred Heart. If you have questions about the Knights or would like to join this fraternal organization, contact Grand Knight Al Fikse at afikse@myway.com

PICTORIAL CHURCH DIRECTORY RENEWAL—UPDATE

We've received word that our directory is in the final stages of completion and should be arrive at our parish in the next several weeks. Families who had their picture take for the directory will receive one for FREE. Additional directories were ordered and will be available on a first-come, first-served basis through the parish office. Thank you for your patience during this process!

RITE OF CHRISTIAN INITIATION FOR ADULTS

There will be NO RCIA classes while Fr. Francis is gone; the class will resume on 2/29. If you'd like more information, contact the Parish Office.



BIBLICAL WALK THROUGH THE MASS

Our parishes have two sets of DVD's plus additional workbooks and study books for the Biblical Walk through the Mass study that was held this fall. If you were not able to be a part of the group but would like to check out the materials, contact the Parish Office to have your name added to the list.

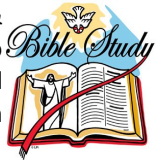
MEN'S CONFERENCE: MARK YOUR CALENDARS!

The first annual Diocese of Duluth Men's Conference will be taking place on Saturday, February 18th, 2012 in Duluth with Fr. Larry Richards presenting; the cost is \$25 which includes breakfast and lunch. Encourage the men in your life to attend! Registration is available through www.dioceseduluth.org.

Several men from our parishes are already registered; we'd love to have you join them! Contact the parish office if you'd like to carpool with our men's group which will be departing from St. Agnes early Saturday morning.

NEW WOMEN'S BIBLE STUDY BEGINNING

A new women's bible study, "Prayer, Fasting, & Almsgiving: Spiritual practices that draw us closer to God" will be beginning this Tuesday at 1pm. Call Rosemary Ellis at 547-1509 for information. All women are welcome!



LIGHTHOUSE CATHOLIC MEDIA FEATURE CD

Understanding The Eucharist

A former Protestant minister, Dr. Scott Hahn was a militant opponent of the Catholic Church. Now one of the foremost Catholic theologians in the world, he highlights the key misunderstandings about the Eucharist. In this powerful presentation, he explains the Church's teaching from a scriptural and historical perspective in an entertaining and thorough fashion.

This and many other titles from Lighthouse Catholic Media are available in the Narthex at St. Agnes for a donation of just \$3!

EUCHARISTIC ADORATION

"I adore You, Lord and Creator, hidden in the Most Blessed Sacrament. I adore You for all the works of Your hands, that reveal to me so much wisdom, goodness and mercy, O Lord. You have spread so much beauty over the earth and it tells me about Your beauty, even though these beautiful things are but a faint reflection of You, incomprehensible Beauty. And although You have hidden Yourself and concealed your beauty, my eye, enlightened by faith, reaches You and my souls recognizes its Creator, its Highest Good, and my heart is completely immersed in prayer of adoration." - St. Faustina



Spend a Holy Hour with our Eucharistic Lord exposed in the Blessed Sacrament! St. Agnes has Jesus exposed Body, Blood, Soul, & Divinity in our Adoration Chapel beginning at 8:30am every Tuesday through 3:00pm on Wednesday. Additional adores are always welcome!

Winter subs are needed; contact Sue (547-1702) with questions.



TIME, TALENT, & TREASURE

	St. Agnes	Sacred Heart
Plate	\$348	\$460
Envelope	\$1,513	\$925
UCA	\$11,453 (41%) Goal: \$27,405	\$6,041 (26%) Goal: \$22,323

St. Agnes Building Balance Remaining: \$50,930.67

MOTO HOPE MISSION—WE REACH OUT. WE EMPOWER.

Please pray for the Moto Hope Mission. There are many new photos on display in the narthex; so much work has been done over such a short period of time. Thank you for your generosity!

If you would like more information feel free to take an info pamphlet from the display. Donations for books, school supplies, building materials, and more can now be made online at:

www.motohopemission.com

YOUTH ANNOUNCEMENTS

7-12TH GRADERS

Youth Group continues *Session III: Nuts & Bolts* this Wednesday, 2/8, starting with supper at 5:30. See ya there!

Confirmation Class meets for its next session on Sunday, February 12th at 6:00pm at St. Agnes. If you are planning to attend the Duluth Confirmation Retreat on February 24th & 25th or Hibbing Confirmation Retreat on March 23rd & 24th, let Lori know ASAP.

Mass & Mission Trip to the Twin Cities is planned for any 8-12th graders interested in attending. We'll be doing service work, attend NET's Lifeline Mass with Danielle Rose concert to follow, and visiting the National Shrine of the Apostle St. Paul. We'll leave at 8:00am on Saturday, March 3rd and return at 7pm on Sunday the 4th. Cost is \$35 if registered before 2/15. Registration sheets available on the Narthex bulletin board.

K-6TH GRADERS

Diving Deeper this week! All K-6th Graders are invited to attend this fun after-school session! See you at our next session on 2/8!

Our next Church Release date is this Wednesday, February 15th; we look forward to seeing all 1st-6th graders next week!

ALL YOUTH

THANKS to all the Youth who helped with last weekend's Pancake Breakfast! And also, thanks to all of the parishioners who attended! The next breakfast will be on February 26th. A sign-up sheet is on the Youth Bulletin Board in the Narthex.

COMMUNITY EVENTS

MOMS IN PRAYER INTERNATIONAL – SAME VISION, NEW NAME!

MOMS IN PRAYER INTERNATIONAL (formerly Moms In Touch) invites all moms and grandmas to join us on Thursdays at 12 NOON at My Lake Guide in downtown Walker. Last week: We prayed for the 9th grade students and Elementary teachers, staff and administrators. For more info or to REQUEST PRAYER: Call Sue Jaeger 547-1702

YIKES! BIKES! VOLUNTEER KICK-OFF MEETING

Monday, February 13 a volunteer recruitment meeting will be held at Hope Lutheran Church in Walker from 5:15-6:15 pm. Yikes!Bikes! is a Saturday morning bike tour designed for families as well as serious trail riders. The event, sponsored by the Leech Lake Chapter of Lakes Area Habitat for Humanity raises funds to build houses with families in need of a decent and affordable home. Over 60 volunteers dedicate time to make Yikes!Bikes! a successful ride each year. All are invited to come and learn more about fun volunteer opportunities.

CATHOLICISM 101

"I know I am supposed to pray...but I feel like I am talking to myself most of the time! How can I improve my prayer life?"

Catechism 2725 tells us that "Prayer is both a gift of grace and a determined response on our part. It always presupposes effort. The great figures of prayer of the Old Covenant before Christ, as well as the Mother of God, the saints, and he himself, all teach us this: prayer is a battle. Against whom? Against ourselves and against the wiles of the tempter who does all he can to turn man away from prayer, away from union with God. We pray as we live, because we live as we pray. If we do not want to act habitually according to the Spirit of Christ, neither can we pray habitually in his name. The "spiritual battle" of the Christian's new life is inseparable from the battle of prayer."

Last week, we offered five practical tips on how to pray more **(schedule an appointment with God, have a place of prayer, pray out loud, make lists, and be open to God)**, but if prayer is a battle, as the Catechism states, it might be a good idea to make sure we are prepared to enter in!



Below are some foundational tools for building a fruitful prayer life, according to Blessed Pope John Paul II:

#1) Mass! The Most Holy Sacrifice of the Mass, instituted by Jesus himself at the Last Supper, is the greatest prayer and act of worship. The Mass is a timeless window into the moment of His death from which all grace flows and sins are forgiven; the veil of heaven is lifted and God's angels are present. Holy Mass is the center and apex of Christian experience and identity. All Catholics are encouraged to participate fully in Mass as often as possible.

#2) Confession: God created man to be in communion with Him and with each other. Sin breaks that communion, but through the Sacrament of Reconciliation, our relationship with God and our community is restored. Confessing our sins to God through the priest (who is acting *in persona Christi*—in the person of Christ) fulfills our human need to seek forgiveness for our wrongdoing. At the same time, through God's grace and mercy, we are healed and freed. When we are not in communion with God, it is impossible to hear him speaking to us and to receive the grace he wishes to pour out.

#3) Prayer in all its forms: The Catechism lists three expressions of prayer: vocal, meditation, and contemplative (CCC 2700-2724). Vocal prayer, founded on the union of body and soul in human nature, associates the body with the interior prayer of the heart, following Christ's example of praying to his Father and teaching the Our Father to his disciples. Meditation is a prayerful quest engaging thought, imagination, emotion, and desire. Its goal is to make our own in faith the subject considered, by confronting it with the reality of our own life. Contemplative prayer is the simple expression of the mystery of prayer. It is a gaze of faith fixed on Jesus, an attentiveness to the Word of God, a silent love. It achieves real union with the prayer of Christ to the extent that it makes us share in his mystery.

St. John Chrysostom reminds us that "Nothing is equal to prayer; for what is impossible it makes possible, what is difficult, easy. . ."

Stay tuned for more on PRAYER in next weekend's bulletin

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