

# St. Agnes & Sacred Heart

## Catholic Communities



Fr. Francis Kabiru, Pastor  
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Hap Ramsey, Deacon

Pete Pederson, Parish Manager  
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Lori Westland, DRE  
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Parish Office  
Open Monday-Thursday  
8:30a to 12:00 noon  
(218) 547-1054  
stagnes@arvig.net

*We welcome newcomers! Please contact our Parish Office to register.*



St. Agnes, Walker  
210 Division Street

### Most Holy Sacrifice of the Mass

Tuesdays at 8:00a  
Wednesdays at 8:00a  
Thursdays at 8:00a  
Saturdays at 5:30p  
Sundays at 10:00a

### Sacrament of Reconciliation

Saturdays at 11:00a

### Eucharistic Adoration

Tuesdays at 8:30a to  
Wednesdays at 3:00p  
(except 1:00a to 5:00a)



Sacred Heart, Hackensack  
300 First Street North

### Most Holy Sacrifice of the Mass

Fridays at 8:00a  
Saturday at 4:00p  
Sunday at 8:30a

### Sacrament of Reconciliation

Saturdays at 3:30p

### Eucharistic Adoration

Tuesdays at 4:00p to 5:00p

*For the Sacrament of Baptism or Sacrament of Marriage, contact the Parish Office as soon as possible.*

## SANCTITY OF HUMAN LIFE SUNDAY

### PLEASE PRAY FOR...

- ✠ An end to abortion as we recognize the 38th Anniversary of Roe vs. Wade (see prayer inside)
- ✠ Healing for the families of the 52,000,000+ babies who've lost their lives to abortion since 1973
- ✠ Pregnancy help centers, like the Walker Area Pregnancy Support Center, that the Holy Spirit guides their mission to reach women and families in need
- ✠ The sick of our parishes, especially those undergoing treatment for cancer

### PARISH SERVICE OPPORTUNITIES

**THANKS** to those who responded to the call for helping with Youth Group meals! We still have some dates open in April & May but filled many Wednesdays!



**MOVING HELP NEEDED:** A physically handicapped community member needs help moving into the apartment building adjacent to the St. Agnes parking lot at 10am on Jan 29th. There is not a lot to move, but many hands make light work! Please call the office to RSVP so that we can ensure enough help is available. We'll need at least one person with a truck.

**4TH GRADE CATECHIST:** Due to the large number of students in our 4th grade class, we are in need of an additional Catechist. All materials will be provided, including planned-lessons, if needed. Please pray about your involvement with our youth!

**MUSICIANS:** Music is an important part of the Mass! Singers and musicians are always needed. Contact Michelle Nistler at [rmnis@arvig.net](mailto:rmnis@arvig.net) or call the parish office.

*\*\*Unless otherwise noted, contact the Parish Office to help\*\**



**Schedule of Mass Intentions**

**Key: SA = St. Agnes, Walker & SH = Sacred Heart, Hackensack**

SH 4:30pm	<b>1/22: Mass</b> — <i>Intention for Darrell Driver</i>
SA 5:00 pm	<b>1/22: Mass</b> — <i>Intention for Joan Salden</i>
SH 8:30 am	<b>1/23: Mass</b> — <i>Intention for JoAnne Reckner</i>
SA 10:00 am	<b>1/23: Mass</b> — <i>Intention for Lee Homan</i>
SA 8:00 am	<b>1/25: Mass</b> — <i>Intention for Patricia Moore</i>
SA 8:00 am	<b>1/26: Mass</b> — <i>Intention for Jim Alettop</i>
SA 8:00 am	<b>1/27: Mass</b> — <i>Intention for William J. Lundquist Jr.</i>
SA 8:00 am	<b>1/28: Mass</b> — <i>Intention for Roman &amp; Lillian Meuwissen</i>

**To request a Mass Intention, contact the Parish Office**

**SEE OUR PARISH CALENDARS FOR JANUARY AND FEBRUARY 2011, AVAILABLE IN THE NARTHEX, FOR ALL UPCOMING PARISH EVENTS**

**DO YOU HAVE A QUESTION ABOUT OUR CATHOLIC FAITH?**



*We'd be happy to answer it!* Just email your question to [stagnes@arvig.net](mailto:stagnes@arvig.net) or drop it off in the parish office and it will be featured in our bulletin column each weekend.

**WHY DO CATHOLICS NEED REST & RETREAT?**

Matthew 11:28-30 is one of the most well known passages in the Bible: "Come to me, all you who labor and are burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am meek and humble of heart; and you will find rest for your selves. For my yoke is easy, and my burden light." Psalm 62:6 continues with this same idea, saying, "My soul, be at rest in God alone, from whom comes my hope."

God is our rock and salvation, but He sometimes gets swept aside in the hustle and bustle of work, children, social activities, civic obligations, volunteer opportunities and the like. We, as Catholic Christians, need time to refocus our lives. Rest and retreat (no matter how informal) provides us with an opportunity to examine our hearts and lives and, where necessary, move "stuff" out of the way so we have time for God. It is a time to pause and look at our map...life moves so fast, we ought to make sure we are going in the right direction!

For Catholic retreat opportunities, check out the Northern Cross's announcement pages or visit [www.PaceminTerris.org](http://www.PaceminTerris.org).

**A NOTE FROM THE OFFICE**

On a very related note to the topic above, Lori will be out of the office Tuesday-Thursday of this week on retreat with other Youth Ministers from the Diocese of Duluth. Please keep her and our youth in your prayers! Joanne Gitchel will be in the office for any secretarial needs, including requesting Mass Intentions.

**2011 ENVELOPES** are available for pick up in the Narthex. If you cannot find your name but would like envelopes, contact the office. ***In order to ensure that we have the correct account number for your contributions, please write your name on your envelope when making a cash donation.***

**Do you have an intention for our prayer chains?**

**For St. Agnes:** Call Betty Meeks at 547-1347 or (alternate) Zola Bleth at 547-2239.

**For Sacred Heart:** Call Joan Rueter at 682-2324 or (alternate) Lucille Abbott at 675-6102.



**ST. AGNES SUNDAY FELLOWSHIP**

All parishioners and visitors are invited to join us in the Social Hall after Sunday Mass for coffee and rolls; we would like to get to know you!

**VISIT OUR LORD IN THE BLESSED SACRAMENT**

At all times and in all situations, Jesus is drawing us unto Himself, calling us to deepen our relationship with Him. Prayerfully consider spending time in His True Presence in Adoration, offered weekly at our parishes. Sacred Heart has a **Holy Hour each Tuesday** from 4:00 to 5:00 pm and St. Agnes has Jesus exposed Body, Blood, Soul, and Divinity in our **Adoration Chapel** beginning at 8:30 Tuesday mornings until Wednesday afternoons (except for 1:00-5:00 am). Additional adores are always welcome and needed! See the sign up info in the Chapel.



**WELCOME FR. DAN NGANGA**, who is in residence at St. Agnes while Fr. Francis is home in Kenya. Remember that **Friday Masses are at St. Agnes rather than Sacred Heart** on 1/28 and 2/4. You may contact Fr. Dan via the Parish Office for any sacramental needs. **THANK YOU for being here, Fr. Dan!**

**EUCCHARISTIC MINISTERS, USHERS, LECTORS, AND SERVERS**

*St. Agnes Liturgists, please pick up a February Schedule from the info rack in the Narthex. Sacred Heart Liturgists, a schedule is available for the next 2 1/2 months in the Narthex.*

If you would like to be added to our Liturgist Schedule, please contact the office; we'd appreciate your help!

**Ushers/Greeters:** Please arrive at least 15 minutes early to Mass to be present to greet parishioners.

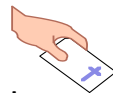
**Lectors:** Please pick up a 2011 Sunday Missal in the Office at St. Agnes or in the Library at Sacred Heart.

**Eucharistic Ministers** at St. Agnes: Please remember to **use the cross necklaces** found near the Usher's table so we know if more helpers are needed.



**Alter Servers are needed at all Masses:** Any youth can volunteer to serve. A training session/activity day will be held in February; watch the bulletin for more info.

	Stewardship	
	<u>St. Agnes</u>	<u>Sacred Heart</u>
Plate	\$1,701.00	\$518.00
Envelope	\$1,804.00	\$859.00
UCA	\$13,050 (53%) Goal: \$24,405	\$9,174(43%) Goal: \$21,565
<b>St. Agnes Building Balance Remaining: \$195,056.53</b>		



## YOUTH ANNOUNCEMENTS

### ALL PARISH YOUTH



There are several new items listed on our Youth Bulletin Board...check it out! And mark your calendar now for great events like Totus Tuus, Camp Survive, D-Week, & the Junior High Youth Rally!

### 7<sup>TH</sup>-12<sup>TH</sup> GRADERS

**NO YOUTH GROUP THIS WEEK:** See you Feb 2nd @ 5:30!

**CONFIRMANDS:** No class this week, but be ready for Jan 30th. Please review topics 6-17 on your "Immediate Preparation for Confirmation" standards hand-out and look up the necessary citations in your Catechism.



**PARENTS OF CONFIRMANDS:** Please check with your child regarding the schedule they received at our 1/9 class. Confirmation Mass will be Tuesday, May 24th at 6:30pm at St. Agnes.

**TOBIT RETREAT...LAST CHANCE TO SIGN UP!** Retreat will be held Feb. 2-6th @ Big Sandy near McGregor, MN. Cost is \$90. This is going to be an AMAZING weekend for 9-12th graders! See the poster on the Youth Board and register by emailing Lori ASAP, spots are going fast!

### K-6<sup>TH</sup> GRADERS

**DIVING DEEPER THIS WEEK:** see you then! There is still plenty of room for more students! Any kids in Kindergarten through 6th grade are encouraged to attend, just meet in the WHA Elementary office after school.



**2ND GRADERS & PARENTS:** Please review the packet of information you received by mail regarding 1st Reconciliation and 1st Communion; there are several important dates to remember! If you have a 2nd grader (or older child who has not yet received these sacraments) please contact Lori as soon as you are able to get your child registered.

**HAVE QUESTIONS REGARDING YOUTH ACTIVITIES?  
PLEASE CONTACT LORI AT [DRE@STAGNESCATHOLIC.COM](mailto:DRE@STAGNESCATHOLIC.COM)**

*Know God. Love God. Serve God.*

## A NOTE FROM FATHER DAN

May they be one (John 17:20-21)

Today, the third Sunday in the ordinary season, we culminate the whole week of prayer for Christian unity that began on Jan-18th. We are reminded of the very essence of our vocation as Christians, that Jesus Christ is the Source and summit of this Unity. But we can ask ourselves this question, is unity possible amidst people of different origins, descent, race, culture, from different political, social, and economic backgrounds? Is unity not a mirage in such a scenario?

From our deep convictions as Christians the answer is simple: unity in diversity is possible. We must consider that already, at the moment of Pentecost (cf. Acts 2:1-10), the Holy Spirit descended on persons of different language and culture. From the beginning, the Church has embraced people of different origins and, yet, precisely from these differences the Spirit creates one body. Pentecost, as the beginning of the Church, marks the enlargement of God's Covenant with all creatures, with all peoples at all times, so that the whole of creation will walk towards its true objective: to be a place of unity and love. All believers in Christ are invited to join in prayer to witness the profound bond that exists among them and to invoke the gift of full communion.

Providential is the fact that prayer is placed at the center of the path to build unity (Mathew 18:20 Where two or three are gathered in my name...). This reminds us, once again, that unity cannot be a simple product of human action; it is above all a gift of God, which entails growth in communion with the Father, the Son and the Holy Spirit. The path to visible unity among all Christians resides in prayer, because fundamentally we do not "build" unity, but it is "built" by God, it comes from Him, from the Trinitarian Mystery, from the unity of the Father with the Son in the dialogue of love which is the Holy Spirit and our ecumenical effort should be open to divine action, it must be a daily invocation of God's help.

*Today we pray for unity in our families, parish, Diocese country and the universal church. We pray for re-union of families separated by war and intolerance in the world. We pray for Dialogue among political leaders in countries experiencing civil strife due to political turmoil. And Spirit of tolerance and dialogue among all religions.*

### THE CATHOLIC BISHOPS ASK YOU TO PRAY TO END ABORTION

The Catholic bishops of the United States have designated January 22 as a special day of prayer and penance in reparation for the massive killing that has resulted from the Roe vs. Wade Supreme Court decision (handed down January 22, 1973) which permitted abortion throughout pregnancy.

Prayer is the foundation of all we do in the pro-life movement, and Priests for Life invites you to join tens of thousands of others who are offering, each day, a prayer of commitment to build a culture of life. We urge you to pray, throughout the year, the daily prayer to end abortion.

We ask not only individuals to commit to saying this prayer but entire congregations in churches of all denominations. The pro-life movement is ecumenical and consists of men and women of every religious persuasion. We also encourage families and schools to say this prayer together.

This weekend and early next week will hold many pro-life events from Coast to Coast. See [www.priestsforlife.org/marchforlife](http://www.priestsforlife.org/marchforlife) for more information.

God bless you, Fr. Frank Pavone, National Director, Priests for Life

### PRAYER TO END ABORTION

*Lord God, I thank you today for the gift of my life, and for the lives of all my brothers and sisters. I know there is nothing that destroys more life than abortion, yet I rejoice that you have conquered death by the Resurrection of Your Son. I am ready to do my part in ending abortion. Today I commit myself never to be silent, never to be passive, never to be forgetful of the unborn. I commit myself to be active in the pro-life movement, and never to stop defending life until all my brothers and sisters are protected, and our nation once again becomes a nation with liberty and justice not just for some, but for all, through Christ our Lord. Amen!*

